



The Spirit

St Martin's Lutheran College Newsletter

Term 2 Week 2 2023

MESSAGE FROM THE HEAD OF MIDDLE SCHOOL WELLBEING



OVERCOMING SELF DOUBT

In my role, I encounter students who are very critical of themselves, with negative self-talk. Teenagers can be very tough on themselves.

I sometimes tell them a story of Tiger Woods' caddy. I ask them to imagine if the caddy walked around the course pointing out all of the things Tiger was doing wrong.

"Your swing hasn't been very smooth recently, Tiger." "You're going to watch out with your slice on this next shot, Tiger. If you slice this one you're going to end up in the lake." "You really seem to be out of form, Tiger. It might be time to think about retirement."

"How do you think Tiger would handle this caddy?" I ask.

Generally, we quickly come to the conclusion that he would get rid of the caddy pretty quickly. He wouldn't want someone constantly saying negative things and putting doubt in his mind.

I then move on to talking about the things they are saying to themselves. If one of their friends was telling them how bad they were at Maths, or how terrible the art piece is they've just created, would they accept it? No they wouldn't. That wouldn't be a friendship that would last.

So why do they accept saying the same things about themselves?

We can all carry those voices around with us.

God doesn't remember all our failures. He doesn't think we're terrible. He loves us unconditionally. He loves us through our successes. He loves us through our failures with all our flaws. He loves us so much that he sent Jesus to die for our sins. If we're good enough for him, then we must be okay.

"Love prospers when a fault is forgiven, but dwelling on it separates close friends." Proverbs 17:9

Damian Bradley | Head of Middle School Wellbeing

NOTICE BOARD

Latest notices and community events

Please [click here](#) to access the Community Noticeboard for posters and Information of upcoming events and activities within the College, and the wider community.

TERM PLANNER

Keep updated with the upcoming College events

Please [click here](#) to access the College Term Planner for all important dates and upcoming events.

GENERATIONS IN JAZZ

On Saturday May 6, St Martins students participated in the annual Generations In Jazz competition.

The St Martins Jazz Choir started competing in 2016, consisting of students from Year 7-12, while the Jazz Band is in its second year.

The Choir placed 15th overall out of 27 vocal ensembles. The Band placed 6th overall out of the 15 bands.

Congratulations to all the students and staff involved, and we hope they enjoyed the experience.



TAKING PHOTOS IN SCHOOLS

In keeping with child protection obligations, parents and caregivers present at school events are asked not to take or share photographs of other students without permission.

A number of our students have restrictions with their image, names and/or work being shown publicly. Wherever possible, guests should not take or share photos or video of students other than their own.



ANZAC DAY 2023

On the morning of ANZAC Day, College Captains were honoured to lay wreaths as part of Anzac Day Services in Mount Gambier.

Our Junior Captains honoured those who had served and died in all wars, conflicts, and peacekeeping operations during the mid-morning Service.

Ainsley was also extremely honoured to recite the 'Requiem' and 'Ode' as part of the morning service, and did an excellent job.

Well done also to members of the College staff Trish and Isaac Bruggemann who played the Last Post beautifully.



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OPEN GIRLS FOOTBALL

On Tuesday May 9, the Middle/Senior girls participated in the Open Girls Football competition.

They played in a skilful game against Grant High School, leading by 1 goal into the second half. Unfortunately, they couldn't hold onto the lead, losing 5.2 to 3.4.

The second game was a strong one, up against Millicent High School. The girls played in a shower of rain, but still managed to keep it close, winning by 1 point, with the final score 2.2 to 2.1.

The day was played in good spirits, and the girls should be proud of their efforts.



MOTHERS DAY STALL

On Tuesday May 9, students were treated to a Mother's Day stall hosted by our Parents and Friends committee.

A variety of gifts were on offer for students to present to their mothers for Mother's Day this Sunday.

Thank you to the College's Parents and Friends for running a fantastic stall.



FOLLOW US!

Keep up to date with College activities

St Martins Lutheran College is social! Follow us on Facebook and Instagram to keep up with the latest news and activities from the College.



11/12 SHADOW PUPPETS

At the end of last term, our Senior Drama students had the wonderful opportunity to do some shadow puppetry with Slingsby Theatre Company.

Our students created their own stories using light and miniatures. This workshop supports our focus on puppetry this year.



9/10 UDC EXCURSION

On Thursday April 6, the Year 9 & 10 Agriculture students visited The Union Dairy Company in Penola.

The aim of the excursion was to inspect the processes from "Grass to Glass", and the impact innovation has in these processes.

After a briefing on arrival of the history of the UDC, its purpose and connected corporations, the students were kitted up in their glamorous PPE and guided through a tour by employees in order to get a greater understanding of process, safety, maintenance, and quality control.

9/10 FOOD PHOTOGRAPHY

The College's Year 9/10 Photography classes are currently studying Food Photography.

On Wednesday, April 12, students took part in an excursion to the Royal Copenhagen to provide students with attractive food to photograph.

The students experimented with camera settings, viewing angles, lighting and composition.

The students had a great time photographing their own dishes as well as the dishes of their classmates. The highlight of the excursion was, of course, when it was time to eat.



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SAPSASA SOFTBALL

The Lower South East Boys SAPSASA Softball team ventured to Adelaide late last term (Monday 3 to Wednesday April 5) to compete in the state SAPSASA softball carnival played at Barrett Reserve. Eight of the 11 boys selected were with St Martins. The team was extremely competitive throughout the week despite winning only one game and drawing another. Well done to all the St Martins boys for representing the district so well.



UNIFORM REMINDER

We ask that families check that all uniform items are compliant with our uniform guidelines:

- Kilts should be knee length, just above or just below the knee (within four centimetres)
- Earrings – students should only be wearing studs or sleepers (nothing dangling from the earrings please and maximum of three per ear)
- Sports uniform should only be worn on their PE days (secondary students)
- School beanies may be worn for warmth, but only outside. Other beanies are not to be worn at school.
- No more than one ring is to be worn
- Quite a few students come back after each holiday with nail polish, acrylic nails or gels. Our expectation is that students do not have these on at school, so it would be appreciated if parents would ensure this is removed before the start of each term.

Link to uniform guidelines [here](#)

ROBYN'S 30 YEARS OF SERVICE

This year, St Martins Lutheran College celebrates Robyn Teakle's 30th Year of Service!

In her time here, she has seen the College grow. From having just 7 staff members, to 147 and the transition from St Martins Lutheran School to St Martins Lutheran College.

St Martins thanks Robyn for her dedication to the College and her ongoing work in shaping the minds of our young students.



SOUNDS OF READING

On April 14, Junior School students used the "Sounds of Reading" toolkits.

The "Systematic Synthetic Phonics" approach covers the concepts/skills of vocabulary, comprehension, spelling and more.

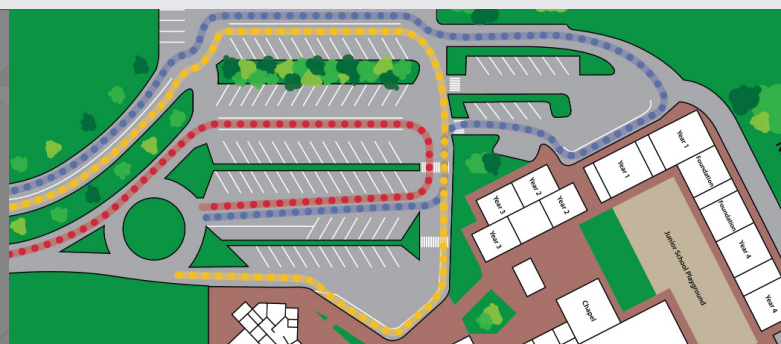
The students thoroughly enjoyed the hands-on activities and built on the skills they have been learning in the initial classes.



CAR PARK SAFETY

A reminder to all parents, carers and guests to the College to act responsibly when using the carpark area.

Please only use the designated drop-off/collection areas to ensure the safety of everyone.



UPCOMING DATES

Friday, May 12

- Cross Country @ Naracoorte Primary School

Sunday, May 14

- Mother's Day

Monday, May 15

- Year 11 Adelaide Camp (15/5 - 19/5)
- Year 9 Halls Gap Camp (15/5 - 17/5)

Tuesday, May 16

- Year 10 Vaccinations

Friday, May 19

- Pedal Prix @ The Bend (19/5 - 20/5)

Monday, May 22

- Year 11 Workplace Practices (22/5 - 26/5)

Tuesday, May 23

- Year 9/10 Boys Football @ Millicent Football Club

Thursday, May 25

- Year 11/12 Boys Football @ North Gambier Football Club

Friday, May 26

- National Sorry Day
- Veta Morphus Retreat (26/5 - 28/5)

LEGO FAN CLUB CLASSICS

TERM 2: NEW DAY!!

Mondays

4:00pm - 5:00pm

Bookings

8721 2540



City of Mount Gambier

Parents and students (and siblings) are invited to stay a little longer after school and enjoy their afternoon together - children playing and parents chatting! Sausage sizzle provided!

YEAR R-4 PLAY DATE

Friday 12th May 3.30-4.30pm

St Martins Lutheran College
Parents & Friends

MOUNT GAMBIER LIBRARY

STEAM CLUB

Let's Explore: **PHYSICS and DESIGN THINKING!**

Term 2: Tuesdays 4:00pm - 5:00pm
9 May until 4 July 2023

What goes up must come down!
Unleash your inner scientist and engineer with STEAM Club's physics and design thinking adventure!

Have fun and learn about force, motion, stability, balance, and more through exciting hands-on activities.

Suitable for ages 7+
Bookings essential.

City of Mount Gambier | Mount Gambier Library
6 Watson Terrace, Mount Gambier
Phone 08 8721 2540
mountgambier.sa.gov.au/library

elevate
EDUCATION

Term 2 Parent Support Series

Free Parent Webinars

[Click here to Register](#)

Join us and Elevate Education for FREE 60-minute webinars designed to help you overcome specific challenges that you and your child might be facing across the term!

In Term 2 we'll cover:

1. Motivation
10th May @ 6:30 (AEST)
2. Ask Me Anything
24th May @ 6:30 (AEST)
3. Exam Preparation
7th June @ 6:30 (AEST)
4. Exam Room Skills
21st June @ 6:30 (AEST)

MOUNT GAMBIER LIBRARY

History Month 2023

Past Present Wonder
1 - 31 May 2023



Compassion



Respect



Growth



Faith



Encouragement



Hope