



THE SPIRIT



MESSAGE FROM THE COLLEGE COUNSELLOR

Building a framework for better wellbeing.

The College's Strategic Plan outlines a focus on Well-Being at St Martins. I believe we have always cared for the whole child within our school environment, and understood that learning outcomes should be about more than just academic growth. The purpose of the strategic focus on Well-Being is to more clearly define what Well-Being looks like at St Martins, and to be more intentional and consistent in our delivery of social/emotional learning opportunities across the College. We are in the process of developing and drafting our principles of Well-Being, as well as a Framework for structures and programs. I am excited to be part of the development of these documents, in partnership with other key staff and our College community.

One of the important considerations with regard to the focus on Well-Being at St Martins, is the way it fits with our Christian understandings. I see the two as very complementary, and connected. Having Christian faith can promote and support our well-being. It gives us hope for the future and we are encouraged to focus on love, forgiveness and service to others, as well as to be in relationship with God.

Martin Seligman, who is known as the founder of Positive Psychology, notes that well-being is improved when we focus on our strengths rather than weaknesses; when we focus on positive emotions such as joy, hope and gratitude; when we experience positive relationships with those around us and when we are engaged in meaningful and purposeful activity.

At St Martins, we understand the connection between positive well-being and improved social, emotional and academic outcomes for our students. Students who have positive well-being are more likely to have better mental health, be more engaged and motivated learners, and are more likely to make valuable contributions to their communities. Understanding how to nurture and maintain well-being is a life skill that our students need, not only to manage the challenges of every-day life, but as they move beyond the school environment too.

As our Well-Being Principles and Framework take shape, the inter-connection between our Christian beliefs and understandings, and the concepts of Positive Psychology and knowledge regarding how to best support our students' well-being, will be clearer. The overlap between these understandings, and the way we embed them in our daily practice, can only further benefit the outcomes for our students.

Our desire for all our students at St Martins is that they leave the College knowing God's unconditional love for them, that they have a better understanding of their God-given strengths and abilities, that they have developed positive relationships, and have the skills and capacity to manage difficult times. Ultimately, we hope that they find purpose and meaning, joy and gratitude in their lives.

UPCOMING DATES

PLEASE NOTE - Due to COVID-19, many events and activities have been rescheduled, postponed or cancelled.

The St Martins Lutheran College Term Planner is a fluid document that is updated regularly. [Please check the planner](#) for the latest changes to any upcoming events.

Sunday 28 November

- 6pm - Senior Choir/festival Choir - A Festival of Carols and Culture, Christ Church, Anglican Church

Monday 29 November

- 9:30am - 2:15pm - Year 7 Orientation, "Big Day Out" at Valley Lakes

Tuesday 30 November

- Year 7 Orientation Day "Big Day In"

Wednesday 1 December

- 9:30am - 2:15pm - Yr 8 Orientation Day, "Big Day Out" at Valley Lakes

Thursday 2 December

- Year 8 Orientation Day "Big Day In"
- Year 10 Exams

Friday 3 December

- 2pm - Junior School Water Colour Fun
- Year 10 Exams

Saturday 4 December

- SA FTC Robotics Championship. Clovelly Park, Adelaide

FOLLOW US!

Keep up to date with College activities daily

St Martins Lutheran College is social! Follow us on Facebook and Instagram to keep up with the latest news and activities from the College.



MOSSFORD MACGREGOR TO PERFORM AT ELDER HALL

Special opportunity awaits Year 9 Student.

Annabelle Mossford MacGregor, has been invited to perform at the 2021 AMEB Showcase Concert in the prestigious Elder Hall at the University of Adelaide, in December.

The concert will feature a small selection of the best performances by candidates in AMEB exams this year, from Grade 4 to Diploma standard.

After hearing Annabelle's performance of 'All of Me' by Jon Schmidt in her Grade 8 Piano for Leisure exam, the examiner nominated Annabelle to perform this piece at the Showcase.

Annabelle sat her Grade 8 AMEB Piano for Leisure exam last term, for which she received a High Distinction A+.



NOTICE BOARD

Latest notices and community events

Please [click here](#) to access the Community Noticeboard for posters and Information of upcoming events and activities within the College, and the wider community.



VALEDICTORY SERVICE

College community sends off Year 12s at special event.

In Week 6, the College's Senior School and members of the wider community came together for the 2021 Valedictory Service.

It was terrific to welcome some families and special guests back to the College for this Service.

Along with the awards presentation, the Valedictory Service featured the traditional College Captains Handover. Our 2021 Captains, Rachael Bird and Harrison Langlands presented 2022 Captains, Leah McDonnell and Finleigh Altschwager with their College blazers and badges. 2022 Vice-Captains, Isobel Jenkin and Jadon Wilke were also presented with their badges.

The Class of 2021 enjoyed their final Service, however for some, the moment was all too much. Emotions were high as the realisation that their time at St Martins with all their friends is nearing an end.



YEAR 11 FOOD AND HOSPITALITY

'Café SMLC' pops-up and proves a hit!

Recently, the College's Year 11 Food and Hospitality students created their own business, called "Café SMLC"!

The group prepared and produced café-style food and beverages to sell to the students and staff at St Martins. The items on offer included focaccias, toasted sandwiches, smoothies, fresh juice and an assortment of cakes and slices.

Mrs Linda Polomka supervised the students as they utilised the College's commercial kitchen facilities. She stated that this was a great way for the students to gain valuable skills in customer service and time management.

Café SMLC was a great success! They received rave reviews from the customers and we hope to see the pop-up shop running again soon.



MOSSFORD MACGREGOR FINALIST FOR PHOTO CONTEST

Annabelle one step closer to \$500 prize.

Year 9 student, Annabelle Mossford MacGregor has recently been selected as a finalist for the 2021 Cochlear Aurora Science Photo Contest.

The winning entrant in each of the two prize categories will receive a prize valued a \$500. The College is now also in the running for a \$500 reward to further support women in STEM.

The prize money for school science programs will be spent on science resources, equipment, or promotion of girls in science/facilitation of opportunities for female science students.

The winner of the Cochlear Aurora Photo Contest will be announced at an Awards Ceremony to be held on Thursday 2 December at Flinders University, Bedford Park.

Congratulations Annabelle and best of luck!



SUMMER UNIFORM

A reminder to parents that St Martins Lutheran College moves into Summer Uniform in Term 4.

Please ensure students are adhering to the College's Uniform policy.

The uniform shop is open Tuesdays and Thursdays. The on-line uniform shop can be found at <https://uniformshop.stmartins.sa.edu.au/>

Junior School Male Uniform			
<p>Short Sleeve Blue SMLC Shirt</p> <p>SMLC Hat</p> <p>SMLC Soft Shell Jacket (Optional)</p> <p>Regulation Grey Shorts or Pants</p> <p>SMLC or Plain White, Grey or Navy Socks</p> <p>Black Velcro or Laced Leather/Leather Look School Shoes</p>		<p>Blue Long Sleeve SMLC Shirt</p> <p>Regulation Tie</p> <p>Navy V Neck Jumper with Logo</p> <p>SMLC Soft Shell Jacket (Optional)</p> <p>Regulation Grey Pants or Shorts</p> <p>SMLC or Plain White, Grey or Navy Socks</p> <p>Black Velcro or Laced Leather/Leather Look School Shoes</p>	<p>College Polo Top</p> <p>SMLC Polar Fleece Sport Jumper</p> <p>Regulation Navy Shorts or Track Pants</p> <p>SMLC or Plain White, Grey or Navy Socks</p> <p>Sports Shoes</p>
	Summer	Winter	Sport



VALEDICTORY DINNER

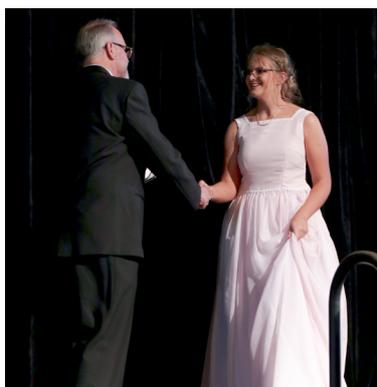
Year 12s and their families enjoy a special night to end their time with the College.

On the Thursday evening of Week 6, the 'Class of 2021' came together to celebrate the Valedictory Dinner at the Barn Palais!

The night included speeches from College Principal, Mr Alan Connah, Head of Senior School, Mrs Kathy Oliphant, guest speaker, Mr Tony Wright and the 2021 College Captains, Rachael Bird and Harrison Langlands. Guests also enjoyed a few special video presentations throughout the evening.

Before the Dinner, student's families were welcome to come along for family photos in the picturesque Barn Gardens. More photos of the evening will be coming soon!

St Martins Lutheran College would like to thank everyone who came along to the evening and those who have greatly contributed to the journey of the 'Class of 2021'.

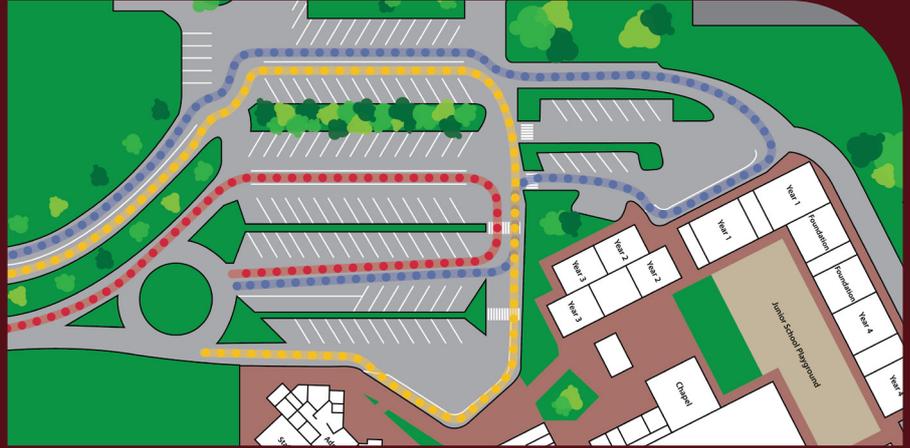


CAR PARK SAFETY

Think safety-first when dropping off and collecting

A reminder to all parents, carers and guests to the College to act responsibly when using the carpark area.

Please only use the designated drop-off/collection areas to ensure the safety of everyone.



YEAR 8 GERMAN

Students prepare for a German Christmas

Through Term 4, the College's Year 8 German students have been researching the origins of the Christmas tree and its strong connection to German culture.

The group made German-style Christmas tree decorations and have set up a Christmas tree in the College entrance foyer for the College community to enjoy. Decorations include angels, woven hearts, baubles and present stacks wrapped in little bows. It's starting to look a lot like Christmas!

Heather Frost | German Teacher



YEAR 11 STUDENT BEGINS APPRENTICESHIP

Student's hard work sets up future pathway.

Year 11 Student, Bradley Cameron, recently commenced a school based apprenticeship with Bio Gro.

As part of his apprenticeship he is studying a Certificate III in Mobile Plant Technology, all whilst working 2 days a week and completing his schooling.

Brad has worked hard to achieve this opportunity and we would like to congratulate him on his success!

YEAR 9 OUTDOOR EDUCATION

Students brave the cold for a unique experience.

In week 6, the Year 9 Outdoor Education classes undertook a two day snorkelling camp.

The camp started with a visit to the Kilsby Sinkhole, where the students braved the cold and explored the natural wonder. They then travelled to the Little Blue Lake, working in groups to build and test rafts made of only pipes, tubes and ropes.

The group stayed the night in tents at the Port MacDonnell Caravan Park, where they were required to cook their meals using only a Trangia.



STAGE 2 ANCIENT STUDIES

Students enjoy historical spread.

Recently, the College's Stage 2 Ancient Studies class had an ancient world-inspired lunch to celebrate the end of the year.

Students had a selection of items inspired by foods that may have been eaten in ancient civilizations of Greece, Egypt, and Rome including;

- stuffed vine leaves
- olive bread
- dates
- Persian feta
- dried fruits and honey
- grape juice
- bread with olive oil



JUNIOR SCHOOL SPORTING NEWS

LSE SAPSASA Boys Cricket

Well done to Orlando Vause (6H) and Evan Clark (7KC) for participating in the recent State SAPSASA Boys Cricket carnival in Adelaide. The LSE team had mixed results and unfortunately finished down the order in the strong Division One. Pleasingly however, both boys managed to have some shining individual moments through the week.

LSE SAPSASA Girls Cricket

Well done to Layla McPherson (6H) for participating in the recent State SAPSASA Girls Cricket carnival in Adelaide. The South East team played well all week and managed to finish in third position. Layla had several successful individual moments during the week.

LSE SAPSASA Volleyball Tournament

The LSE conducted its very first SAPSASA Volleyball tournament last week. Well over 200 local Year 6/7 students participated in this very successful day. St Martins sent along two teams and both were very competitive in their divisions. Thank you very much to Miss Gogel for taking the teams and assisting on the day. Thank you to the 20 students who participated with terrific attitudes.

Crows Cup Year 5/6/7 Girls Football Carnival

Well done to the 11 Year 5/6/7 girls who participated in the Crows Cup Girls Football carnival on Wednesday 17 November, held at Blue Lake Sports Park. The girls had a great day and shared many laughs and successes. Thanks very much to Mrs McIntyre-Clarke for taking the girls on the day.

LSE SAPSASA Tennis

Well done to Layla McPherson (6H), Evan Clark (7KC) and Jarrod Carey (7CS) for participating in the recent State SAPSASA Tennis carnival in Adelaide. The LSE team did extremely well, finishing third in Division Two. All three St Martins students played particularly well and managed to win most of their games.

Please click [here](#) to view the most recent 2022 Lower South East SAPSASA dates.

Duncan Savage | Junior School Sports Coordinator

MASKS AT ST MARTINS

Visitors are still required to wear masks.

Current regulations now permit students and staff to not wear masks while at the College.

Parents, volunteers and visitors are required to COVID-Safe check in when entering buildings, and practise physical distancing from other adults.

It's recommended that parents and other visiting adults wear masks when entering school or preschool buildings. This includes volunteers. Masks are not required outdoors if adults can physical distance.



**MAKE SURE
YOU'RE
COVERED.**

TAKING PHOTOS IN SCHOOLS

Reminder to parents regarding photography

In keeping with the College's child protection obligations, parents and caregivers are asked not to take or share photographs of other students without permission.

A number of College students have restrictions with their image, names and work being shown publicly. Wherever possible, guests should not take or share photos or video of other students.

