

Canteen Menu

Savoury Menu		
Bread Roll \$3.15		
Filling	Butter	
	Vegemite	
	Chicken	+ \$1.00
	Ham	+ \$1.00
	Tuna	+ \$1.50
Salad	Beetroot	+ \$0.50
	Carrot	+ \$0.50
	Cheese	+ \$0.50
	Cucumber	+ \$0.50
	Lettuce	+ \$0.50
	Tomato	+ \$0.50
Sauce	Mayo	
	Aioli	+ \$0.20
	BBQ Sauce	+ \$0.20
	Sweet Chilli Sauce	+ \$0.20
	Tomato Sauce	+ \$0.20
Chicken Burger Plain \$4.65		
Filling	Butter	
	Cheese	+ \$0.50
Sauce	Mayo	
	Aioli	+ \$0.20
	BBQ Sauce	+ \$0.20
	Sweet Chilli Sauce	+ \$0.20
	Tomato Sauce	+ \$0.20
Chicken and Salad Burger \$6.65		
Salad	Butter	
	Beetroot	
	Carrot	
	Cheese	
	Cucumber	
	Lettuce	
	Tomato	
Sauce	Mayo	
	Aioli	+ \$0.20
	BBQ Sauce	+ \$0.20
	Sweet Chilli Sauce	+ \$0.20
	Tomato Sauce	+ \$0.20
Chicken Tender Wrap \$4.65		
Filling	Cheese	+ \$0.50
Sauce	Mayo	
	Aioli	+ \$0.20
	BBQ Sauce	+ \$0.20
	Sweet Chilli Sauce	+ \$0.20
	Tomato Sauce	+ \$0.20
Chicken Tender Salad Wrap \$6.65		
Filling	Beetroot	
	Carrot	
	Cheese	
	Cucumber	
	Lettuce	
	Tomato	
Sauce	Mayo	
	Aioli	+ \$0.20
	BBQ Sauce	+ \$0.20
	Sweet Chilli Sauce	+ \$0.20
	Tomato Sauce	+ \$0.20
Cold Pasta Spirals \$2.15		
Serving Size	Small	
	Large	+ \$1.00
Fish Pack & Wedges \$6.15		
Salad	Beetroot	
	Carrot	
	Cucumber	
	Lettuce	
	Noodles	
	Tomato	
Sauce	Tartare Sauce	+ \$0.20
	Aioli	+ \$0.20
Garden Salad \$5.65		
Filling	Chicken	+ \$1.00
	Ham	+ \$1.00
	Tuna	+ \$1.50
Salad	Beetroot	
	Carrot	
	Cheese	
	Cucumber	
	Lettuce	
	Noodles	
	Tomato	
Sauce	Mayo	
	Aioli	+ \$0.20

Daily Specials		
Monday		
Party Pie \$1.65		
Sauce	Tomato Sauce	+ \$0.20
	BBQ Sauce	+ \$0.20
Sausage Roll \$3.65		
Sauce	Tomato Sauce	+ \$0.20
	BBQ Sauce	+ \$0.20
Meat Pie \$4.15		
Sauce	Tomato Sauce	+ \$0.20
	BBQ Sauce	+ \$0.20
Potato Pie \$4.65		
Sauce	Tomato Sauce	+ \$0.20
	BBQ Sauce	+ \$0.20
Vegetarian Pasty \$4.15		
Sauce	Tomato Sauce	+ \$0.20
	BBQ Sauce	+ \$0.20
Tuesday		
Baked Potato \$3.65		
Filling	Butter	
	Cheese	
	Chicken	+ \$1.50
Baked Potato w the lot \$5.15		
Filling	Butter	
	Bacon	
	Beetroot	
	Coleslaw	
	Cheese	
	Pineapple	
	Sour Cream	+ \$0.50
Wednesday		
Hot Dog \$3.65		
Filling	Cheese	+ \$0.50
	Tomato Sauce	+ \$0.20
	BBQ Sauce	+ \$0.20
	Mustard	+ \$0.20
Lasagne & Salad \$5.15		
Salad	No Salad	
	Beetroot	
	Carrot	
	Cucumber	
	Lettuce	
	Tomato	
Thursday		
Butter Chicken & Rice \$5.15		
Wedges \$3.15		
Serving Size	Small	
	Large	+ \$1.00
Sauce	Sour Cream	+ \$0.50
	Sweet Chilli	+ \$0.20
	Tomato Sauce	+ \$0.20
	BBQ Sauce	+ \$0.20
Friday		
Yiros \$5.65		
Meat	Chicken	
	Lamb	
Filling	Aioli	
	Cheese	+ \$0.50
	Lettuce	
	Tomato	

Desserts & Cakes	
Cake	\$1.00
Tub of Fruit (tinned fruit)	\$1.50

Drinks		
250ml Juice Box (Flavours may vary) \$1.50		
Flavour	Apple	
	Apple & Blackcurrant	
	Golden Pash	
	Orange	
	Tropical	
450ml Juice Bottle (Flavours may vary) \$2.50		
Flavour	Apple	
	Apple & Blackcurrant	
	Orange	
	Orange & Mango	
250ml Oak Milk (Flavours may vary) \$2.50		
Flavour	Chocolate	
	Strawberry	
600ml Oak Milk (Flavours may vary) \$3.50		
Flavour	Chocolate	
	Strawberry	
	Vanilla	
600ml Water Bottle \$2.00		
500ml Lightly Sparkling Water Bottle \$2.00		

Hamburger Plain			\$4.65
Filling	Cheese		+ \$0.50
	Mayo		
	Aioli		+ \$0.20
	BBQ Sauce		+ \$0.20
	Sweet Chilli Sauce		+ \$0.20
	Tomato Sauce		+ \$0.20
Hamburger & Salad			\$6.65
Salad	Butter		
	Beetroot		
	Carrot		
	Cheese		
	Cucumber		
	Lettuce		
	Tomato		
Sauce	Mayo		
	Aioli		+ \$0.20
	BBQ Sauce		+ \$0.20
	Sweet Chilli Sauce		+ \$0.20
	Tomato Sauce		+ \$0.20
Hot Chicken Roll			\$4.15
Filling	Mayo		
	Cheese		+ \$0.50
	Gravy		+ \$1.00
Marinated Chicken Wings Pack with Wedges			\$6.15
Salad	Beetroot		
	Carrot		
	Cucumber		
	Lettuce		
	Noodles		
	Tomato		
Sauce	Mayo		
	Aioli		+ \$0.20
	BBQ Sauce		+ \$0.20
	Sweet Chilli Sauce		+ \$0.20
	Tomato Sauce		+ \$0.20
Pizza			\$3.15
Flavour	Ham and Cheese		
	Ham and Pinapple		
Sandwich/Toastie			\$3.15
Toasted	Fresh		
	Toasted		
Filling	Butter		
	Vegemite		
	Chicken		+ \$1.00
	Ham		+ \$1.00
	Tuna		+ \$1.50
Salad	Beetroot		+ \$0.50
	Carrot		+ \$0.50
	Cheese		+ \$0.50
	Cucumber		+ \$0.50
	Lettuce		+ \$0.50
	Tomato		+ \$0.50
Sauce	Mayo		
	Aioli		+ \$0.20
	BBQ Sauce		+ \$0.20
	Sweet Chilli Sauce		+ \$0.20
	Tomato Sauce		+ \$0.20
Tub of 2-Minute Noodles			\$1.15
Serving Size	Small		
	Large		+ \$0.50
Flavour	Chicken		
	Beef		
Tub of Spaghetti/Baked Beans			\$1.65
Options	Spaghetti		
	Baked Beans		
Wrap			\$5.65
Filling	Chicken		+ \$1.00
	Ham		+ \$1.00
	Tuna		+ \$1.50
Salad	Beetroot		
	Carrot		
	Cheese		
	Cucumber		
	Lettuce		
	Tomato		
Sauce	Mayo		
	Aioli		+ \$0.20
	BBQ Sauce		+ \$0.20
	Sweet Chilli Sauce		+ \$0.20
	Tomato Sauce		+ \$0.20

SA RIGHT BITE

The St Martins Lutheran College Canteen Menu follows the "SA Right Bite" guide to healthy eating (although there are some snack foods at the counter that are red.) Please help your children choose wisely.

GREEN Choose plenty

AMBER Select carefully

RED Very occasionally

CANTEEN ORDERING PROCEDURES

Lunch orders need to be made on the QKR! App before 8:30am each day. Once the order has been placed and payment has been made the canteen will begin preparing the order. For Junior School students the lunches will be returned to the classroom at lunchtime and distributed. Middle and Senior School students are to collect their order from the Secondary Canteen window at the start of lunchtime.

LAST MINUTE LUNCH

Lunch orders received after 10am will be filled with a "Last Minute Lunch" consisting of a cheese (\$4.15) or vegemite sandwich (\$3.15), or a large serve of noodles for \$1.65. Students who don't have lunch for whatever reason will be given a "LML" and families invoiced.