

Hot Foods Available Every Day	
Hot Chicken & Mayo Roll	\$4.00
Hot Chicken, Mayo & Cheese Roll	\$4.50
Pizza - Ham & Pineapple or Ham & Cheese	\$3.00
Noodles - Beef or Chicken small serve	\$1.00
Noodles - Beef or Chicken large serve	\$1.50
Cup of Spaghetti or Baked Beans	\$1.50
Chicken Burger Or Chicken Tender wrap (with cheese 50c extra) Plain or w mayo, tomato, bbq or sweet chilli sauce	\$4.00
Chicken Burger Or Chicken Tender Burger w lettuce, carrot, tomato, cucumber, cheese, beetroot & mayo	\$5.50
Homemade Hamburger w lettuce, carrot, cucumber, tomato, beetroot, cheese & choice of sauce	\$5.50
Fish Pack & Wedges w noodles, lettuce, tomato, carrot, cucumber & beetroot & tartare sauce	\$6.00
Marinated Chicken Wings Pack & Wedges w noodles, lettuce, tomato, carrot, cucumber & beetroot	\$6.00
Soup (Home Made) **Terms 2 & 3 only**	
Pumpkin & Corn (w dinner roll or GF bread)	\$3.50
Vegetable (GF) (w dinner roll or GF bread)	\$3.50

SA RIGHT BITE

The St Martins Lutheran College Canteen Menu follows the "SA Right Bite" guide to healthy eating (although there are some snack foods at the counter that are red.) Please help your children choose wisely.

GREEN Choose plenty
AMBER Select carefully
RED Very occasionally

Daily Specials	
Monday	
Party Pie	\$1.50
Sausage roll	\$3.50
Meat Pie	\$4.00
Potato Pie	\$4.50
Vegetarian Pasty	\$4.00
* No charge for sauce	
Tuesday	
Baked potato w butter & cheese	\$3.50
Baked potato w the lot (bacon, beetroot, pineapple, sour cream)	\$5.00
Baked potato w chicken & cheese	\$5.00
Baked potato w bolognese sauce & cheese	\$5.00
Wednesday	
Hot Dog w tomato sauce / BBQ or mustard	\$3.50
Hot Dog w cheese / tomato sauce / BBQ sauce / mustard	\$4.00
Lasagne & salad	\$5.00
Thursday	
Butter Chicken & Rice	\$4.50
Wedges Small - w sour cream / sweet chilli sauce / tomato or BBQ sauce	\$3.00
Wedges Large - w sour cream / sweet chilli sauce / tomato or BBQ sauce	\$4.00
Friday	
Yiros – Chicken or Lamb w Lettuce, Tomato & Tzatziki (add 50c for Cheese)	\$5.00

Over the counter menus are displayed with the SA RIGHT BITE categories at the counter front to help students choose fresh, seasonal healthy choices for Recess and Lunch time purchases.



Rolls, Wraps & Sandwiches Available Every Day	
No Charge for toasted. Gluten Free wraps and bread available for 50c extra.	
Vegemite	\$3.00
Tuna	\$4.00
Cheese	\$3.50
Ham	\$3.50
Chicken	\$4.00
Salad	\$4.50
Chicken, Lettuce & Mayo	\$4.50
Chicken Salad wrap	\$5.50
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50
Tuna, Lettuce & Mayo	\$4.00
Extra Fillings	
Lettuce, tomato, carrot, cucumber, beetroot, pineapple, avocado, grated/sliced cheese	\$0.50 ea
Salad Boxes	
Garden Salad: Tomato, Lettuce, Carrot, Cucumber, Beetroot, sliced cheese	\$4.50
Garden Salad with Chicken	\$5.00
Garden Salad with Ham	\$5.00
Cold Pasta Spirals (w tangy tomato dressing) Large	\$2.00
Cold Pasta Spirals (w tangy tomato dressing) Small	\$3.00
Desserts & Cakes	
Cup of Fruit Salad (tinned fruit) GF	\$1.50
Cup of Fruit Salad & Ice-cream (tinned fruit) GF **lunch only**	\$2.00
Cake	\$1.00
Muffins	\$1.50
Snacks	
Red Rock/ JJ'S / Popcorn	\$1.50

Drinks	
Fruit Drink Carton (flavours depend on availability)	\$1.50
Nippys Milk 250ml chocolate/strawberry	\$2.50
Nippys Milk 375ml honeycomb	\$2.50
Flavoured Milk 600ml (flavours depending on availability)	\$3.50
Juice Bottle (100%) apple/orange/apple-blackcurrant	\$2.50
Water 600ml	\$2.00
Mineral Water	\$2.00

CANTEEN ORDERING PROCEEDURES

Reception to Year 6 : Lunch orders need to be made on a lunch order bag and placed in the classroom lunch box each morning before 9am. Name & Class teacher's name need to be on the bag, with the money inside. Lunches are returned to the classroom at lunchtime and distributed.

Year 7 to Year 12: Lunch orders need to be made on a lunch order bag and placed in the lunch order box located at the Ark Administration office before 9am. Please place Name & Homegroup details on the bag. Orders are collected from the Secondary Canteen window at the start of lunchtime.

Last Minute Lunch (LML) –

Lunch orders received after 10am will be filled with a **“Last Minute Lunch”** consisting of a cheese or vegemite sandwich \$3.50, or a large serve of noodles for \$1.50. Students who don't have lunch for whatever reason will be given a “LML” and families invoiced.