



THE SPIRIT

The official newsletter of St Martins Lutheran College



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A MESSAGE FROM THE COLLEGE COUNSELLOR

Last Friday at our worship service, we celebrated the special role of those “grand friends” in the lives of our students. We heard from a few special guests who offered advice and guidance to students about being happy and successful in life. There were beautiful and meaningful messages about being brave and bold in life, always trying your best and about treating other people respectfully. One of our guests spoke about the important role of grandparents and special friends in nurturing our children and young people with love and affection, and about guiding them with faith too. I must admit, I found it quite emotional listening to them speak, as it reminded me of the special relationship I have been fortunate to have with my own grandparents.

In a recent article titled “Learn from the grandies” (Sunday Mail, 2019), grandparents were urged to spend more time with their grandchildren, to help prepare them for managing the challenges that will come their way. Reference was made to the connection between children having positive relationships with grandparents, and an increase in their sense of security and levels of resilience. That is, children who have healthy relationships with grandparents have a greater capacity to cope with the ups and downs they will experience in life, and develop greater confidence in the knowledge they have supportive and loving people in their life.

Of significance is the nature of the relationship between grandchild and grandparent, which differs from the relationship between a child and their parent. Grandparents have a wealth of wisdom to offer, can provide support and advice to children when they may not want to seek it from their parent, and grandparents often have more time to spend with children than parents.

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Jane Savage
College Counsellor

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For grandparents too, there are many benefits to having positive relationships with grandchildren. The article suggests that grand parenting keeps you young, and up to date with the latest technology and pop culture. Being a grandparent also provides a wonderful sense of purpose, and allows you to enjoy spending time with children without the constraints of rules and boundary setting.

We understand that positive relationships between grandparents or “grand friends” are not necessarily reliant upon a biological or familial connection. The relationship and connection between adult and child, and the exchange of time, care and interest is of most importance. What a joy for us as adults to be able to have these relationships and connections with the children and young people in our lives.

At St Martins we speak with our students about their relationship with God and how He cares for them without expectation. He is an ever reliable presence, and His love for us is unwavering. Like those relationships with special people in our lives, to know God’s love for us, enables us to cope with the challenges we face in life.

Jane Savage

College Counsellor

EDUCATION PERFECT & SA LANGUAGES COMPETITIONS

Results and Statistics

Each year Education Perfect runs competitions for all students registered in the world. Last Term there were 2 competitions which our students were encouraged to participate. They were using their own time to earn points by answering questions correctly online within a week. Our school achievements:

- 28th overall in SA out of 65 schools
- 5th overall in the 101-250 student’s category out of 16 schools
- 2nd for Chinese in the 101-250 student’s category out of 8 schools
- 5th for Chinese in SA out of 34 schools



The winners for the **SA Languages Championships** are Hannah McDonald - Bronze Award, Maddison Grant - Credit Award, Jenae Bawden - Credit Award and David Dai - Credit Award.

The winners for the **Education Perfect Languages Championships** are Ella Fraser - Credit Award, Lilly Walker - Credit Award, Hannah McDonald - Credit Award and Emily Meier - Credit Award.

UPCOMING DATES

Friday 8/11/2019
Year 12 General Maths Exam
Year 2 Big Day Out Portland
Year 10 Barista Training
St Martins Has Got Talent
Outdoor Education Camp

Monday 11/11/2019
Remembrance Day
National Recycling Week
PE Week
Year 12 Physics Exam
Year 8/9 9-a-side Soccer

Tuesday 12/11/2019
Year 12 Legal Studies Exam
Foundation Orientation

Wednesday 13/11/2019
Year 12 Chemistry Exam
Year 10 Lawn Bowls
Growing Resilient Kids - Parent
Workshop P&F

Thursday 14/11/2019
Year 12 German Exam
Year 12 Psychology Exam
In2Cricket
Year 6 Landfill Excursion

Friday 15/11/2019
Year 12 PE Exam
Secondary Festival of Sport Day
Year 1 Busy Bee Excursion
Band Day and Concert

Saturday 16/11/2019
Mt Gambier Christmas Parade



INDONESIA SCHOOL PARTNERSHIP **A Letter from Headmaster Purida Manurung**

Greetings in the Name of Jesus Christ.

We are very grateful for all your hard work and for the ideas you have provided to advance the IPR-3 Elementary School in the form of workshops, teaching and iPad assistance, and funds in the form of \$730 AUD. We would like to express our gratitude to the students who participated in donating to SD HKI-3.

Once again, I thank you very much for your help and our partnership. We give our greetings to the parents of students who give donations through SMLC.

May this partnership be blessed by God to love one another.

Regards,
Headmaster Purida Manurung

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ART SHOW OPENING

Thursday 24th of October

The St Martins Lutheran College annual art show opening was held on Thursday the 24th of October. The night was attended by over 250 people, who were able to enjoy the fantastic artwork produced by the students. The night is made possible by the hardworking staff and students who create the art and cater the event, the groundsman for hanging the art, and the volunteers. We would also like to recognize our generous sponsors, Hansen Design and Print, Metro Bakery and Cafe, Morambro Creek Wines, Lima and Co, Gardenarium, Hurst Camera House and the Oatmill Cinema, for their involvement in the night.

Highly Commended Ribbons:

Jasmine Walther
Joy Liang
Kurtis Laslett
Ashlee Knowles
Lucy Savage
Jordy Martin
Jayden Pakarinen
Kaelan Mee
Bessie Leake
Lara Scanlon
Cameron Taylor
Zoe Ashby
Hannah Seidel
Leah McDonnell
Indya Homes
Allyson Vinall
Zara Haygarth
Leonardo Tralongo
Emma Gallagher
Jemima Puust
Htoo Eh Main Min
Grace Rounthwaite
Sarah Ratsch
Nicole Moran

Principal's Awards:

Douglas Austin
Zoya Habib
Brooklyn Hill
Charles Kirby
Ruby Whittaker
George Paul

Invitation Artwork: Flynn Harfull

Best Photo, F - 2: Ronja Ellison

Best Photo, Year 7 - 11: Agnes Doyle

Creative Photography: Abu Abduvahobov

Best Photography: Sheridan Sackers

Best Senior Secondary Photo: Jade Delaney

Best Mixed Media: Bethany Coscarelli

Best Art Film: Caleb Biasabetti, Baelin Cassidy, Willem van Niekerk, Bryce Rowntree

Best Design: Flynn Harfull

Best Printmaking: Katie Leyden and Marley Davis

Best Drawing: Dakota Said

Best Painting: Sophie McDonald

Best Sculpture: Kerri Hunt

Best Lower Primary Artwork: Louredes Cleaver

Best Upper Primary Artwork: Shae Delaney

Best Secondary Artwork: Kerri Hunt

Packing Room Prize: Bethany Coscarelli

Sarafina Morale Memorial Art Award: Madeleine Bird

Best in Show: Madeleine Bird

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UNIFORM SHOP NEWS

Second Hand Uniform

We currently have a large amount of second hand clothing in stock. For this reason, we are unable to accept any further second hand uniform from our families for credit. Families that would like to sell their uniform can still do this on our Facebook Page '**St Martins Uniform Shop Buy, Swap or Sell**'.

The Uniform Shop will still accept good quality donations of uniform items. These items will be used in areas of need within the College.

Tracy Auld

Uniform Shop Coordinator

BOANDIK BUDDIES

Thursday 31st of October

Last Thursday a group of residents from Boandik Crouch Street, with the support of our Year 5 and Year 3 Boandik Buddies, viewed our Art Show. After the Art Show the residents enjoyed slices and tea & coffee prepared and served by the students. Entertainment was provided by Junior Primary students who have been singing with Reilly.

All of the students involved did a wonderful job and the residents expressed appreciation for the lovely morning. Special mention was made to Mrs Earl who has been part of the Boandik Buddies program since it started and for her catering and decorating expertise. Thankyou students and staff for making this a memorable occasion.



ENVIRO COMMITTEE

TIP OF THE WEEK!



A full bath uses about 70 gallons of water, whereas taking a 5-minute shower only uses 10 to 25 gallons.

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YEAR 12 LAST DAY

Australian Icons

On Tuesday the 29th of October the College community came together to create a "Walk of Faith". The Year 12 students were surprised to discover the entire College community standing shoulder to shoulder to create a path from the Ark through to the Gym entrance. This walk represented their life at SMLC passing younger students and much loved teachers along the way. The students were clearly moved by the gesture as they were able to reflect upon their time at SMLC.

The new tradition was followed by a much loved tradition the following day, breakfast with the staff and a chance to dress up. The 2019 theme "Australian Icons" was interpreted in a wide variety of costumes, with the likes of Bindi Irwin and Kath & Kim attending for the day. The scavenger hunt was enjoyed by all students and staff across all year levels as the students reminisced about their time at SMLC.



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GRANDFRIENDS DAY

Friday 1st of November

Every year Grandfriends day is a highlight of the St Martins calendar, the morning consists of grand parents and special friends attending Worship before browsing the fantastic art show exhibit in the SMLC Library. From the library, primary students then take their Grandfriends back to their classrooms where they have the opportunity to read together, play games or complete a special activity. The grandfriends are then invited to attend a morning tea to conclude their morning at the College.



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HPV NEWS

Murray Bridge 24 Hour Race

Late last term SMLC sent two HPV teams to compete in the final Pedal Prix race for the season. Due to the school musical, netball/football finals and a Vetamorphus camp all falling on the same weekend, the teams were low in numbers and without a teacher. Mr Spencer volunteered help out and an thoroughly enjoyed his weekend. The girls team Anything but Orange started the race with 5 riders, unfortunately Bethany hurt her knee on her first turn in the cart after 5 laps and was sidelined for the rest of the race. Naomi arrived after finishing her Veta camp to help Estelle, Zara, Kate and Samara. The girls pushed through the night without any cart troubles and were rewarded by coming in 2nd place in the all girls category. They completed 380 laps! This also moved them up in the final series to come 2nd overall. An amazing effort by all the girls to be still standing and smiling after such a gruelling race.

The boys team Carbonated also started the race with 5 riders but were luckily enough to have Ruben, Davis and Ben P arrive from the Vetamorphus Camp too. Brandon, George, Ben W, Neil and Mitchell got the boys off to a great start. They completed 416 laps and finished 19th in the S3 Category. The boys ended up finishing 7th overall in the series. A super effort by all involved.



OLD SCHOLAR NEWS

Michael Button

SMLC old scholar, Michael Button, recently received an award at the Asia-Pacific Spacial Excellence South Australia Awards Evening. Michael & his co-student Izaak received perfect marks for their research project undertaken at Nature SA's Hiltaba Nature Reserve (Gawler Ranges).

Michael is also the recipient of the Brenton J Burford Scholarship which is awarded annually to a student who has completed the Bachelor of Geospatial Science and is undertaking the Master of Surveying at the University of South Australia.



© 2019 Sandra Paterson

The scholarship is awarded to a student who has been deemed by the Selection Panel to be the most deserving recipient based upon them showing the qualities of: demonstrated aptitude for surveying, diligence to their studies with a demonstrated strong work ethic, positive attitude and willingness to contribute to the learning environment in the classroom and field.

NOTICES

Who makes a difference in your community?

Nominations are now open:

- Citizen of the Year
- Young Citizen of the Year
- Community Event of the Year
- Senior Citizen of the Year

Awards are presented at Australia Day events in Councils across South Australia.

Visit the website or contact your local Council for details.

www.citizenoftheyear.com.au



QUIZ NIGHT

MAXIMUM 10 PER TABLE
\$10 PER PERSON
BYO FOOD & DRINK
PRIZES & GAMES



**LOVE
MERCY**
AUSTRALIA
FOUNDATION

FRIDAY
NOVEMBER 8TH
FROM 6:30PM
GIRL GUIDES HALL
O'HALLORAN TERRACE
MT GAMBIER



Commissioner's

C3 POSTER COMP

Design what it looks like to be
Connected, Creative and Confident in SA.

Enter at ccyp.com.au/postercomp

1st Prize

\$350

2nd Prize

\$100

3rd Prize

\$50

Winning design showcased
in the **Get Around It Zine**

Full details including
how you can enter at
ccyp.com.au/postercomp

Competition open to SA residents
between 14 and 22 years old.
Entries close 20 December 2019.

HOW TO GET INTO MEDICINE INFORMATION EVENING

ARE YOU IN YEAR 10, 11 OR 12
AND INTERESTED IN A CAREER IN MEDICINE?



An opportunity to speak with local
medical students, support staff and
clinical educators about:

- ALL pathways into a medical career
- How to apply and what options are available
- Questions you can expect in a medical interview
- Personal student experiences on relocating to study
- What full year placements are available in Mount Gambier

Wednesday 20th
November
4.30-6pm
(with pizza provided
afterward)

Flinders Rural Health SA
24 Vivienne Avenue
Mount Gambier

Information is non-university
specific and will assist you
regardless of which
university you wish to attend

Parents Welcome

Please RSVP by Wednesday,
13th November 2019
michele.vannickerk@flinders.edu.au
Or phone 08 8726 3914



NOTICES

Motov8ing Boys

Mount Gambier - 15th Nov

Develop the social & emotional intelligence of your boys & help them become self motivated young men.

- Attitudes
- Behaviour
- Anger
- Dreams & Goals
- Emotions
- Obstacles

This could be the night that changes your son's life for ever.

motov8.com.au



Growing Resilient Kids Workshop

Presenter: Mrs Lana-Joy Durik, Director & Psychologist at Smiles All Round
Winner of 2019 APS Division of General Psychological Practice Award & 2017 WIBRD Influential Women in Business Award, Best Small Business

This is a practical solution focused workshop for parents, caregivers, grandparents, educational staff and health professionals who connect with young people (preschool to primary school age).

Key Focus: Managing worry and anxiety and strategies for promoting resilience.

Wednesday 13th November 2019, 6.45pm-9.00pm
St Martins Lutheran College

3 St Martins Drive, Mt Gambier SA 5290

Cost: SMLC Parents & Friends have sponsored this event to allow People to attend free of charge. This has been made possible via a Parents in Education grant.

Registrations Essential:

Please register via School Stream

phn
COUNTRY SA

An Australian Government Initiative



Smiles All Round gratefully acknowledges the financial support from Country SA PHN (CSAPHN) and the Australian Government Department of Health to enable us to offer our current program at a significantly subsidised rate.



NOTICES

SOUTH EAST VOLLEYBALL ASSOCIATION
PRESENTS



TERM 4 2019

WHEN: Mondays (21st October - 9th December)

TIME: 4:00pm - 5:00pm

WHERE: Mount Gambier High School Gymnasium

COST: FREE!!

SpikeZone is a modified version of volleyball designed specifically for primary school students. The program is structured so young children can learn volleyball in a fun, game orientated learning environment. Just come along with some comfortable clothes, sneakers and a bottle of water! We hope to see you there!

For more information, please contact us at
southeastvolleyballassociation@gmail.com



**ST MARTIN'S
ADVENT EVENING
4TH & 5TH DECEMBER
6.00-7.30PM**



Bring your family, a picnic rug or chair or just come and relax on the lawns at the front of the church at 17 Edward Street.

Celebrating the real "reason for the season" with a FREE sausage sizzle, hot chips, coffee van, craft, children's activities and music.

Family Relationship Counselling

Mount Gambier

13 Penola Road

We can assist with -

- Family violence issues
- Managing Change— in relationships, family, lifestyle, aging, disability or illness
- Relationship difficulties
- Parenting/step-parenting/parenting after separation
- Stress
- Children managing separation
- Parenting education
- Enhancing relationships
- Behavioural issues
- Communication difficulties
- Emotional issues
- Family crisis/trauma
- Grief and Loss

WE PROVIDE SAFE, CONFIDENTIAL SUPPORT TO INDIVIDUALS, COUPLES, FAMILIES AND CHILDREN.



FREE PUBLIC LECTURE

UNDERSTANDING CYBER RELATIONSHIPS: SAFETY; ABUSE; SEXTING AND BULLYING

This presentation will focus on the relationship aspect rather than the digital.

We live and work with technology, therefore we need to understand how relationships are enabled and challenged through the medium.

Dr Barbara Spears, is recognised nationally and internationally for work on youth voice, cyber/bullying, sexting, mental health, wellbeing, and the role of technology in young people's social relationships.

She is Chair of the Australian Universities' Anti-Bullying Research Alliance, which is regularly invited to inform government policy development.

Tuesday 19 November
6:30pm
UniSA Mount Gambier Campus
Bob & Gayle Cowan Auditorium

Q&A session held directly after presentation, followed by a light supper

Register your attendance via [Eventbrite](#)

For further enquiries contact Michele on 8721 8902 or mountgambier.enquiries@unisa.edu.au



For further information or to book an appointment please phone:
Centacare Family Relationship Team—8303 6630

